

## WHAT ARE HORMONAL CONTRACEPTIVES?

These are contraceptives that use hormones to prevent pregnancy.

Hormonal contraceptives include the pill and the Depo Provera injection.

There are two types of pill:

- Combined Oral Contraceptive Pill
- Progesterone only Pill

You take one pill each day. The pill is more than 99% effective at preventing pregnancy if you take it correctly. However in typical use it is about 92% effective.

The Depo Provera Pills another type of hormonal contraception. You get an injection every three months. If you get your injections on time, Depo Provera is more than 99% effective but typically it is 97% effective.

